

## From The Research Benefits of Green Care Farms for People Living with Dementia

- Bruin, Simone R. De, Simon J. Oosting, Yolande Kuin, Erica CM Hoefnagels, Ypie H. Blauw, Lisette CPGM De Groot, and Jos MGA Schols. "Green care farms promote activity among elderly people with dementia." *Journal of Housing for the Elderly* 23, no. 4 (2009): 368-389.
- Clark, P., Mapes, N., Burt, J. and Preston, S. "Greening Dementia a literature review of the benefits and barriers facing individuals living with dementia in accessing the natural environment and local greenspace." *Natural England Commissioned Reports*, no 137 (2013).
- De Bruin, Simone R., Annerieke Stoop, Claudia CM Molema, Lenneke Vaandrager, Peter JWM Hop, and Caroline A. Baan. "Green care farms: An innovative type of adult day service to stimulate social participation of people with dementia." *Gerontology and geriatric medicine* 1 (2015): 2333721415607833.
- 4. Chalfont, Garuth. Design for nature in dementia care. Jessica Kingsley Publishers, 2007.
- D'Andrea, Sonia J., Mitchell Batavia, and Nicole Sasson. "Effect of Horticultural Therapy on Preventing the Decline of Mental Abilities of Patients with Alzheimer's Type Dementia." *Journal of Therapeutic Horticulture* 18 (2007).
- 6. Arkin, Sharon. "Language-enriched exercise plus socialization slows cognitive decline in Alzheimer's disease." *American Journal of Alzheimer's Disease & Other Dementias* 22, no. 1 (2007): 62-77.
- 7. Colcombe, Stanley, and Arthur F. Kramer. "Fitness effects on the cognitive function of older adults: a meta-analytic study." *Psychological science* 14, no. 2 (2003): 125-130.
- Heyn, Patricia, Beatriz C. Abreu, and Kenneth J. Ottenbacher. "The effects of exercise training on elderly persons with cognitive impairment and dementia: a meta-analysis." *Archives of physical medicine and rehabilitation* 85, no. 10 (2004): 1694-1704.
- 9. Kramer, Arthur F., and Kirk I. Erickson. "Effects of physical activity on cognition, well-being, and brain: Human interventions." *Alzheimer's & Dementia* 3, no. 2 (2007): S45-S51.
- Hewitt, Peter, Claire Watts, Jacqueline Hussey, Kath Power, and Tim Williams. "Does a structured gardening programme improve well-being in young-onset dementia? A preliminary study." *British Journal of Occupational Therapy* 76, no. 8 (2013): 355-361.
- Blake, Lucy, Lucy Bray, and Bernie Carter. ""It'sa lifeline": Generating a sense of social connectedness through befriending parents of disabled children or children with additional need." *Patient education and counseling* 102, no. 12 (2019): 2279-2285.
- 12. Barnicle, Tom, and Karen Stoelzle Midden. "The effects of a horticulture activity program on the psychological well-being of older people in a long-term care facility." *HortTechnology* 13, no. 1 (2003): 81-85.
- 13. Dan, Mirela, Ioan-Cosmin Boca, and Cristina Rozalia Sere. "Enhancing Quality of Life in Alzheimer's Dementia by Adapted Physical Activities." *Sport & Society/Sport si Societate* 12, no. 1 (2012).



- Stubbs, Brendon, Laura Eggermont, Andrew Soundy, Michel Probst, Mathieu Vandenbulcke, and Davy Vancampfort. "What are the factors associated with physical activity (PA) participation in community dwelling adults with dementia? A systematic review of PA correlates." *Archives of gerontology and geriatrics* 59, no. 2 (2014): 195-203.
- 15. Edwards, Christine Anne, Colin McDonnell, and Helga Merl. "An evaluation of a therapeutic garden's influence on the quality of life of aged care residents with dementia." *Dementia* 12, no. 4 (2013): 494-510.
- 16. Gonzalez, Marianne T., and Marit Kirkevold. "Benefits of sensory garden and horticultural activities in dementia care: a modified scoping review." *Journal of Clinical Nursing* 23, no. 19-20 (2014): 2698-2715.
- 17. Whear, Rebecca, Jo Thompson Coon, Alison Bethel, Rebecca Abbott, Ken Stein, and Ruth Garside. "What is the impact of using outdoor spaces such as gardens on the physical and mental well-being of those with dementia? A systematic review of quantitative and qualitative evidence." *Journal of the American Medical Directors Association* 15, no. 10 (2014): 697-705.
- 18. Hendriks, Iris H., Deliane van Vliet, Debby L. Gerritsen, and Rose-Marie Dröes. "Nature and dementia: development of a person-centered approach." *International Psychogeriatrics* 28, no. 9 (2016): 1455-1470.
- Beerens, Hanneke C., Bram de Boer, Sandra MG Zwakhalen, Frans ES Tan, Dirk Ruwaard, Jan PH Hamers, and Hilde Verbeek. "The association between aspects of daily life and quality of life of people with dementia living in long-term care facilities: a momentary assessment study." *International Psychogeriatrics* 28, no. 8 (2016): 1323-1331.
- 20. Chalfont, Garuth Eliot. "Connection to nature at the building edge: towards a therapeutic architecture for dementia care environments." PhD diss., University of Sheffield, 2006.
- 21. Connell, Bettye Rose, Jon A. Sanford, and Donna Lewis. "Therapeutic effects of an outdoor activity program on nursing home residents with dementia." *Journal of Housing for the Elderly* 21, no. 3-4 (2007): 194-209.
- Filan, Susan L., and Robert H. Llewellyn-Jones. "Animal-assisted therapy for dementia: a review of the literature." *International psychogeriatrics* 18, no. 4 (2006): 597-611.
- 23. Lutwack-Bloom, Patricia, Rohan Wijewickrama, and Betsy Smith. "Effects of pets versus people visits with nursing home residents." *Journal of Gerontological Social Work* 44, no. 3-4 (2005): 137-159.
- 24. Schure, L., G. Dijkstra, R. Bakker, W. Lok, and J. Groothoff. "Klein-versus grootschalige woonvormen voor demente ouderen." *Hillamahofje, zorg voor dementerende ouderen* (2005).
- 25. Calkins, Margaret, Joseph G. Szmerekovsky, and Stacey Biddle. "Effect of increased time spent outdoors on individuals with dementia residing in nursing homes." *Journal of Housing for the Elderly* 21, no. 3-4 (2007): 211-228.
- 26. Lee, Y., and S. Kim. "Effects of indoor gardening on sleep, agitation, and cognition in dementia patients—a pilot study." *International Journal of Geriatric Psychiatry* 23, no. 5 (2008): 485-489.
- 27. Rappe, Erja. "The influence of a green environment and horticultural activities on the subjective well-being of the elderly living in long-term care." (2005).
- 28. de Carvalho Bastone, Alessandra, and W. J. Filho. "Effect of an exercise program on functional performance of institutionalized elderly." *Journal of Rehabilitation Research and Development* 41 (2004): 659-668.
- 29. Eggermont, Laura HP, and Erik JA Scherder. "Physical activity and behaviour in dementia: a review of the literature and implications for psychosocial intervention in primary care." *Dementia* 5, no. 3 (2006): 411-428.



- Teri, Linda, Laura E. Gibbons, Susan M. McCurry, Rebecca G. Logsdon, David M. Buchner, William E. Barlow, Walter A. Kukull, Andrea Z. LaCroix, Wayne McCormick, and Eric B. Larson. "Exercise plus behavioral management in patients with Alzheimer disease: a randomized controlled trial." *Jama* 290, no. 15 (2003): 2015-2022.
- Detweiler, Mark B., Pamela F. Murphy, Laura C. Myers, and Kye Y. Kim. "Does a wander garden influence inappropriate behaviors in dementia residents?." *American Journal of Alzheimer's Disease & Other Dementias* 23, no. 1 (2008): 31-45.
- Mooney, Patrick, and P. Lenore Nicell. "The importance of exterior environment for Alzheimer residents: Effective care and risk management." In *Healthcare management forum*, vol. 5, no. 2, pp. 23-29. Sage CA: Los Angeles, CA: SAGE Publications, 1992.
- Ford Murphy, Pamela, Yasuo Miyazaki, Mark B. Detweiler, and Kye Y. Kim. "Longitudinal analysis of differential effects on agitation of a therapeutic wander garden for dementia patients based on ambulation ability." *Dementia* 9, no. 3 (2010): 355-373.
- 34. Schols, Jos MGA, and Conny van der Schriek-van Meel. "Day care for demented elderly in a dairy farm setting: positive first impressions." *Journal of the American Medical Directors Association* 7, no. 7 (2006): 456-459.
- 35. Phinney, Alison, Habib Chaudhury, and Deborah L. O'connor. "Doing as much as I can do: The meaning of activity for people with dementia." *Aging and Mental Health* 11, no. 4 (2007): 384-393.
- Blake, Lucy, Lucy Bray, and Bernie Carter. ""It'sa lifeline": Generating a sense of social connectedness through befriending parents of disabled children or children with additional need." *Patient education and counseling* 102, no. 12 (2019): 2279-2285.
- 37. Day, Kristen, Daisy Carreon, and Cheryl Stump. "The therapeutic design of environments for people with dementia: a review of the empirical research." *The gerontologist* 40, no. 4 (2000): 397-416.
- 38. Te Boekhorst, S., M. F. Depla, J. De Lange, A. M. Pot, and J. A. Eefsting. "Small-scale group living for elderly with dementia: a clarification." *Tijdschrift Voor Gerontologie En Geriatrie* 38, no. 1 (2007): 17-26.
- Kane, Michael J., Leslie H. Brown, Jennifer C. McVay, Paul J. Silvia, Inez Myin-Germeys, and Thomas R. Kwapil. "For whom the mind wanders, and when: An experience-sampling study of working memory and executive control in daily life." *Psychological science* 18, no. 7 (2007): 614-621.
- 40. de Boer, Bram, Jan PH Hamers, Sandra MG Zwakhalen, Frans ES Tan, Hanneke C. Beerens, and Hilde Verbeek. "Green care farms as innovative nursing homes, promoting activities and social interaction for people with dementia." *Journal of the American Medical Directors Association* 18, no. 1 (2017): 40-46.
- De Bruin, S. R., S. J. Oosting, Hilde Tobi, Y. H. Blauw, J. M. G. A. Schols, and C. P. G. M. De Groot. "Day care at green care farms: A novelway to stimulate dietary intake of community-dwelling older people with dementia?." *The journal of nutrition, health & aging* 14, no. 5 (2010): 352-357.
- 42. De Bruin, Simone R., Annerieke Stoop, Claudia CM Molema, Lenneke Vaandrager, Peter JWM Hop, and Caroline A. Baan. "Green care farms: An innovative type of adult day service to stimulate social participation of people with dementia." *Gerontology and geriatric medicine* 1 (2015): 2333721415607833.
- 43. Sudmann, Tobba Therkildsen, and Ingebjørg Træland Børsheim. "'It's good to be useful': activity provision on green care farms in Norway for people living with dementia." (2017).



- 44. De Bruin, Simone, Simon Oosting, Akke van der Zijpp, Marie-José Enders-Slegers, and Jos Schols. "The concept of green care farms for older people with dementia: An integrative framework." *Dementia* 9, no. 1 (2010): 79-128.
- 45. Potter, Rachel, David Ellard, Karen Rees, and Margaret Thorogood. "A systematic review of the effects of physical activity on physical functioning, quality of life and depression in older people with dementia." *International journal of geriatric psychiatry* 26, no. 10 (2011): 1000-1011.
- Tse, Mimi Mun Yee. "Therapeutic effects of an indoor gardening programme for older people living in nursing homes." Journal of clinical nursing 19, no. 7-8 (2010): 949-958.
- 47. Gigliotti, Christina M., Shannon E. Jarrott, and Jeremy Yorgason. "Harvesting health: Effects of three types of horticultural therapy activities for persons with dementia." *Dementia* 3, no. 2 (2004): 161-180.
- 48. Chen, Yuh-Min, and Jeng-Yi Ji. "Effects of horticultural therapy on psychosocial health in older nursing home residents: A preliminary study." *Journal of Nursing Research* 23, no. 3 (2015): 167-171.